

Right-Based Approach to Women's Healthcare

Checklist for professionals			
	The 10 human rights	Ensure that...	
1.	Right to life	...you fulfil your duty to give life-saving or emergency care whenever necessary.	<input type="checkbox"/>
2.	Right to the highest attainable level of health	...the level of care received by your patient is the highest available and feasible in your setting.	<input type="checkbox"/>
3.	Right to receive the benefits of scientific progress	...the patient benefits from the latest available scientific knowledge and innovations, whenever possible.	<input type="checkbox"/>
4.	Right to privacy	...the patient is provided with adequate privacy during examinations/procedures and is exposed only to the extent that is required. ... there will be no unnecessary questions as to personal matters and/or issues not concerning the clinical situation.	<input type="checkbox"/>
5.	Right to confidentiality	...information regarding the patient obtained in the course of providing care is protected from being divulged to others without a clinical or legal justification/ the patient's permission.	<input type="checkbox"/>
6.	Right to information	...the patient is given adequate information on the clinical situation and all necessary treatment, in simple terms.	<input type="checkbox"/>
7.	Right to autonomy in decision making	...the patient is involved in the planning of the care, based on a shared decision-making model. ...the patient's views are taken into account.	<input type="checkbox"/>
8.	Right to choose the number and spacing of children	... the patient is fully informed on the family planning methods available and that they are fully understood. ... the patient's right to decide on the number and spacing of pregnancies is respected, bearing in mind scientific recommendations for mother and foetus.	<input type="checkbox"/>
9.	Right to non-discrimination	...care is not denied to the patient on the basis of religion, race, political views or profession.	<input type="checkbox"/>
10.	Right to be free from torture and inhuman, cruel and degrading treatment	...the right to be treated with dignity at all times is respected, especially in times of vulnerability, such as after sexual violence and during labor. ...protection measures from ill-treatment are implemented in your health care setting.	<input type="checkbox"/>