

# My Journey and My Fistula Centre

Dr Sadiya Nasir

17/08/2024

# Introduction



# DR KEES WAALDIJK



# Initial placement

- Standard level training/Initial training placement/Level 1 - 2013
- On completion of the training :
- Understand Epid of fistula better
- Diagnose, classify, and prognosticate outcome following repair
- Plan Pre, Intra and Postoperative care
- Able to perform some simple procedure
- Became more confident to do independent repairs

# Advanced level training/Level 2

- Why advanced level
- Increasing interest in fistula
- Thought of moving back to Babbar Ruga
- Increasing number of cases that I could not handle
- Outcomes of the repair(based on careful patient selection as always advised)
- Trained by Dr Kees
- Couching visit at CCBRT under Drs Peter and James
- Traveled widely in search for knowledge

# Advanced Level

- After the completion of Advanced level training
- Able to manage more complex and complicated cases
- Handle some aspects of postoperative obstetric fistula repair incontinence
- Prevent and repair ureteric injuries
- Manage complications surgical and anaesthetic complications
- Became more confident but more cautious to stay within my limits to do no harm

# Figo levels of Competency

- To be considered competent for:
- Level 1- Successfully pass the respective PBA's for all 4 modules and have performed a minimum of 50-100 repairs
- Level 2 – Successfully pass the PBA's for all the 9 modules and have performed 200- 300 repairs
- Level 3- This level is highly specialised
- Transition to trainer – Request, submit data consistently and continuously

# Transition to Trainer

- Based on EAG recommendation and performance
- October 2022
- 2 coaching visits
- 1 initial training placement



# National Obstetric Fistula Centre, Katsina





# NOFIC KATSINA

- Became a National centre in 2014
- Mandates
  - Free treatment to all women with OF
  - Prevention of occurrence and reoccurrence of OF
  - Rehabilitation and reintegration of repaired OF
  - Training

# Free Treatment

- 103 dedicated bed for fistula
- To increase to 200 by the end of 2025
- Able to repair average of 400 patients yearly
- NHIA free fistula program 2024

# Preoperative ward





# Postoperative



# Abuja A and B



# Fistula Theatre 1





# Fistula Theatre 2



# Prevention

- Advocacy
- Community awareness and sensitisation
- Family planning
- Maternity complex
- All previously repaired pregnant are admitted at 36weeks for elective C/S at 38weeks

# Maternity Complex



# Maternity Reception



# Antenatal and Postnatal Wards





# Delivery Suites



# Special Care Baby Unit



# Special Care Baby Unit





# Laboratory



# Pharmacy Complex



# Laundry





# Central Store



# Mortuary



# Rehabilitation and Reintegration

- 64 bed capacity Dr Kees Rehabilitation centre
- 2 matrons
- Able to rehabilitate and reintegrate 200 in 4 batches of 50 repaired fistula patients in 2023
- Skills learnt: Tailoring, Knitting, Pasta making, Shoe and Bag making, Grinding, poultry, fishery
- All given machines of the skills learnt and transport money
- ToT of staff by industrial training fund(ITF). Issue a joint certificate to patients after training to make patients secure some employment



# Dr Kees Rehabilitation Centre



# Training

- Training of surgical teams within Nigeria in the management of OF
- Training and coaching of FIGO fellows
- Training of residents doctors
- Accredited for the commencement of residency training in Obs and gynae. This became necessary as a result of manpower loss especially doctors. (To commence soon after getting hospital act and governing board)
- Preparation for accreditation in subspeciality training in urogynaecology





# Ongoing construction of Urogynaecology Complex





# Ongoing Urogynaecology Complex



2024.08.15 12:36

# Ongoing Construction of ICU



# Construction of Modern Kitchen



- THANK YOU