A Human Rights-based Approach to Women’s Health Care

What can be done together to improve Women’s Health Care
**Right to Life**
You and your health are important to us and we do everything in our power to protect them.

Please Remember…
...if you have to wait there is a reason. Patients are coded according to urgency, rather than time of arrival.

**Right to receive the Highest Available Level of Healthcare**
Healthcare professionals are constantly updated and trained to provide you with the highest possible level of care. The time needed to manage your health issues is dedicated to you.

Please Remember…
...be prepared for your consultation: have to hand all your previous medical records and a list of your concerns.

**Right to Receive the benefits of Scientific Progress**
We will provide the best care consistent with the available resources. If our facility cannot provide the most current, appropriate treatment, we will offer referrals to ensure the best possible care.

Please Remember…
...verify any scientific information you may have found with the medical team taking care of you.

**Right to Privacy**
We respect your right to privacy during the consultation and an accompanying person will be allowed to assist with your permission.

Please Remember…
...make a request beforehand if you wish to have an accompanying person or a translator during your consultation.
...understand that everyone (physicians, midwives, nurses, translators...) involved in the consultation is part of the hospital staff and there to help you solve your problem.

**Right to Confidentiality**
The questions you will be asked will help us to look after your health. Your replies will never be divulged to others, except to the medical team assisting you or with your permission.

Please Remember…
...you can feel safe providing all relevant information about your health, habits and lifestyle.

**RESPECT IS A TWO WAY STREET**
Right to Information
Comprehensive information about your health conditions and specific treatment will be given to you as clearly as possible. Your questions will be answered.

Please Remember…
...provide accurate and complete information on matters related to your health.
...ask questions if you have doubts.

Right to Autonomy in Decision Making
We recognise that you are valuable in the decision making for your care.

Please Remember…
...understand the consequences of choosing a treatment other than what your healthcare team recommend.

Right to Choose the Number of Children you have and When
We respect your right to choose how many children you have and when.

Please Remember…
...discuss possible contraceptive methods with your healthcare provider, according to your needs/wishes.
...we will discuss the individual health implications of pregnancy for you.

Right to Non-discrimination
We respect your right to receive care free of discrimination on the basis of your religion, ethnicity or political views.

Please Remember…
...respect others’ beliefs, including those of fellow patients and healthcare professionals.

Right for Respectful Care and Not to be Subjected to Degrading Treatment
Your right to respectful care, free from degrading treatment, is upheld.

Please Remember…
...not to show aggressive/hostile behaviour with fellow patients or staff members.
...you can help us create a respectful environment for all.
In official relations with WHO, and consultative status with the UN

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